

Title: Knowledge, Attitude and Practice of Voluntary Counselling and Testing amongst the Health Professionals in Umpumulo Hospital, Iembe District Kwa-Zulu -Natal Province

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Introduction

The impact of HIV/AIDS on the health sector and the health Care Professionals is huge. This impact has contributed to the continuing attrition of Health Professionals in South African.

Objective:

- 1) To determine the level of knowledge that health professionals in Umpumulo hospital have about VCT for HIV/AIDS
- 2) To determine the proportional of health professionals in Umpumulo Hospital that actually practice VCT for HIV/AIDS.
- 3) To understand the attitudes of the health professionals in Umpumulo Hospitals towards HIV/AIDS

Setting: Umpumulo Hospital Iembe District, Kwa-Zulu -Natal Province.

Method

Study Design: A cross-sectional descriptive quantitative survey.

Study Population: All health Hospital professionals working in Umpumulo Hospital

Sample Size: There was no need for sample size as all health professionals who gave consent were included

Data Analysis; Data was analysed using SPSS version 15.0 (SPSS Inc. Chicago Illinois USA)

Results: The Cronbach's Alpha reliability coefficient for the 10 knowledge questions was 0.749 whilst for the 22 Attitude questions was 0.695. Sixty-three (67.3%) of the participants reported practicing VCT. The study observed a very high level of knowledge of VCT though some unmet knowledge needs were identified. A moderately high VCT practice was found which corroborates those of a previous study in a similar population group

Conclusion: The high level of VCT knowledge among participants might be due to the fact that the participants were health professionals working in a country where more than half of the patients are sero-positive.

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